



Understanding Airway Disorders
THE SILENT EPIDEMIC

Fix by Six: Your expertise matters

With over 400 million children worldwide affected, airway disorders are an evolutionary pandemic that demands your attention. As a physician, dentist, or allied healthcare provider, you hold the power to transform lives through early identification and intervention. Your expertise and vigilance can prevent countless children from enduring unnecessary suffering, including brain dysfunction, and chart a healthier course for their future.

PARTNER WITH CAFF TO ELEVATE YOUR PRACTICE

CAFF is your partner in advancing pediatric airway health. We offer a comprehensive suite of resources designed to enhance your practice and empower you to make a lasting impact on your patients' lives:

- **Cutting-Edge Research:** Access the latest research findings and treatment modalities.
- **Continuing Education:** Sharpen skills and expand knowledge with specialized courses and training opportunities, including workshops, webinars, and conferences from our partners.
- **Collaborative Network:** Connect with a vibrant community of airway-focused professionals to foster collaboration, knowledge sharing, and support.
- **Specialized Tools & Resources:** Utilize our curated collection of tools and resources to improve diagnostic accuracy, treatment planning, and patient education.

Join the CAFF Professional Network to access cutting-edge research, educational opportunities, and collaborate with colleagues. Together, we can transform the landscape of pediatric airway care.

THE CHILDREN'S AIRWAY FIRST FOUNDATION

Created by parents of a child whose airway disorder went undetected for 12 years, resulting in serious lifelong consequences, The Children's Airway First Foundation (CAFF) is committed to preventing other children and their parents from enduring similar and unnecessary hardship. Unnecessary, because airway disorders are completely preventable if diagnosed and treated by the age of six. CAFF is fully invested in spreading awareness to both parents and practitioners—sharing preventative information, diagnostic insights, the latest research, medical management strategies, and practitioner support.

KEY CHALLENGES, CRITICAL SOLUTIONS:

Misdiagnosis: Airway disorders often masquerade as other conditions, leading to delayed or inappropriate treatment.

Long-Term Impact: Left untreated, these disorders can lead to serious health and developmental issues.

Empowerment: CAFF provides clinicians with the tools and knowledge to make a real difference in children's lives.



**0-1
YEARS**

**SILENT SIGNS:
Early Detection
in Infants**

Even in infants, subtle signs like noisy breathing, frequent congestion, or difficulty feeding can indicate potential airway issues. CAFF recommends the implementation of a Universal Infant Airway Screening.



**2-3
YEARS**

**UNMASKING
HIDDEN ISSUES:
Toddlers & Beyond**

As children grow, airway disorders manifest as snoring, mouth breathing, behavioral problems, or developmental delays. Thorough examination and comprehensive care are crucial.



**4-5
YEARS**

**ADDRESSING THE IMPACT:
School-Aged Children**

By the time children reach school age, untreated airway disorders can significantly affect learning, behavior, and overall well-being. Don't miss the opportunity to intervene.

Savvy's Story:

Early Diagnosis and Intervention is Key



Savvy was a bright, energetic child who loved to run and play. But unbeknownst to her family and doctors, a hidden struggle was brewing—an undiagnosed treatable airway disorder. As Savvy grew, subtle signs like chronic fatigue, anxiety, difficulty concentrating, and even collapsing during physical activity were dismissed as unrelated issues. Years of misdiagnosis and frustration followed, as Savvy's health and quality of life deteriorated.

By the time her airway obstruction was finally discovered at age 12, the damage was significant. Savvy faced extensive medical interventions and surgeries to address the consequences of years of inadequate oxygen and disrupted sleep.

Savvy's story is a stark reminder of the critical role clinicians play in early detection and intervention for airway disorders. It underscores the urgent need for increased awareness and education among healthcare providers to identify subtle signs and prevent lifelong complications for countless children. By recognizing the early indicators and prioritizing proper diagnosis, we can transform the lives of children like Savvy and ensure they reach their full potential by identifying and fixing airway issues before the age of six.

Our Mission | To ensure every child has access to screening, evaluation, and treatment of airway disorders before age six.

Our Vision | To end the evolutionary pandemic of children's airway disorders.

LEARN MORE AND MAKE A LASTING IMPACT ON YOUR PATIENTS' LIVES.

- Become a proficient diagnostician of pediatric airway disorder symptoms
- Join our collaborative network
- Access specialized tools and resources

Visit: childrensairwayfirst.org/clinicians
for research, courses, and tools to enhance your practice.

